

Roof Of The Rockies

"Life of the Trail" is a fascinating series that guides today's hikers and armchair travelers through the stories of historic routes in the Canadian Rockies. When authors Emerson Sanford and Janice Sanford Beck began backpacking together nearly 20 years ago, they often wondered whose footsteps they were retracing and how today's trails through the Rockies came to be there. In "Life of the Trail," they share their findings with adventurers and history buffs alike. "Life of the Trail 3: The Historic Route from Old Bow Fort to Jasper" starts at the remains of Peigan Post, originally built in 1832 and still visible today, located at the west end of the Morley Reserve. This entire route is now a contemporary road, but early in the 20th century the section north of Lake Louise was the main trail heading north and was very busy with pioneers, adventurers and explorers. The trail has been divided into three sections: Old Bow Fort to Lake Louise, Lake Louise to Sunwapta Pass and Sunwapta Pass to Jasper.

Includes section "Book reviews."

66 of the finest trails in Colorado. Includes detailed descriptions and maps.

Rocky Mountain National Park is often called "the crown jewel" of the nation's park system. Set in Colorado in the southern part of the Rocky Mountain chain, which forms the backbone of North America, the park contains 72 named peaks above 12,000 feet with the tallest of these, Longs Peak, rising to 14,259 feet. Established in 1915 as a national park, it now hosts more than two million visitors every year. Vacationers enjoy picnicking, hiking, camping, climbing, skiing, and simply admiring the beauties of the park, which include alpine plants, wildflowers, aspen, conifers, lakes, streams, waterfalls, and an abundance of birds and animals.

Ecology and Wonder celebrates Western Canada's breathtaking landscape. The book makes several remarkable claims. The greatest cultural achievement in the mountain region of western Canada may be what has been preserved, not what has been developed. Protecting the spine of the Rocky Mountains will preserve crucial ecological functions. Because the process of ecosystem diminshment and species loss has been slowed, an ecological thermostat has been kept alive. This may well be an important defence against future impacts of climate change in the Canadian West.

Avid climber Dougald MacDonald has gathered histories, hair-raising tales, and personal journeys to tell of this prominent peak in the Rocky Mountain National Park. Reflections on mountaineering, geology and wildlife are presented with historic images and gorgeous, full-color contemporary photography. The ten best hiking and climbing routes, plus See It Yourself activities, offer great ways for both novices and seasoned climbers to explore the great mountain.

For forty years, A Colorado History has provided a comprehensive and accessible panoramic history of the Centennial State. From the arrival of the Paleo-Indians to contemporary times, this enlarged edition leads readers on an extraordinary exploration of a remarkable place.

A drive through the mountains is always a pleasant experience. Travellers will be able to make the most of their road trips through the Canadian Rockies by keeping Dave Birrell's new pictorial guidebook handy in their glove compartments. Birrell delivers 50 magnificent mountain panoramas taken from

highway viewpoints in the Rockies. Interesting historical tidbits accompany the panorama photos, helping the reader identify peaks by name. Read the fascinating stories associated with geographical features such as valleys, lakes and passes and meet some of the individuals who shaped the early history and exploration of the Rockies.

In this Banff history book, Eleanor Luxton, the daughter of one of Banff's pioneers, presents us with a labour of love – a comprehensive history of Banff National Park from its geological birth, through its exploration and settlement, to its growth as Canada's first National Park. This story of Rocky Mountains Park is a sensitive portrayal of the natural and human history of the Banff area, weaving together the romantic adventure of the earliest exploration and settlement with the realities of World Wars, depressions, and government influences. It will most surely command rapt attention from both the casual reader and the historian.

Publisher's note: Written in 1975 as an historical account and reprinted in 2008, Banff: Canada's First National Park has itself become a piece of the park's history. Respecting this significance, we have strived to replicate the original book by re-creating the original cover, leaving the text as it appeared in 1975 (complete with references to places that no longer exist, such as the Buffalo Paddock), and including photographs from Luxton's private collection.

In this second edition mixed rock and ice climbs in the Canadian Rockies, Sean Isaac describes some of the world's most challenging routes. Whether you crave inverted trytooling, multi-pitch horror shows or safely-bolted moderates, Mixed Climbs in the Canadian Rockies has it all. Beginners and hardcore alike can explore 295 climbs from M4 to M12 described by one of Canada's leading climbers.

A lavishly illustrated driving guide to the landscapes, geology, ecology, culture, people and history of the Northern Rockies Region of Alberta.

First published in 1993, a totally revised, re-designed edition adds new features, updates trail access information, and brings hikers up-to-date on park policies. Colorado's most visited and accessible National Park has visitors who are both experienced and new to the outdoors. This guide is for all who want to sample the great natural beauty this park has to offer. Original.

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Long established as a standard reference work worldwide, this is a thorough bibliography of all mountaineering books that are of practical use to climbers or for reading pleasure or historical interest. Documenting more than 2000 books of mountaineering literature, it also includes nearly 900 climber's guidebooks, a sampling of more than 400 works of mountaineering fiction, plus journals and bibliographies. "The Whole Earth Catalog" meets the "Boy Scout Manual" in this comprehensive and irresistible compendium of wilderness wisdom, natural history and practical know-how. Illustrations, maps, photos throughout.

Banff is one of the most renowned tourist destinations in Canada and the most popular in the Canadian Rockies. It is the oldest national park in Canada, the second in North America (following Yellowstone in Wyoming) and the third oldest park in the world (following Royal in Australia). It encompasses 6,641 square kilometres (2,564 square miles) including the Lake Louise area and part of the Icefields Parkway. Over 8 million people enter Banff Park each year, of which over 3 million are considered park visitors OCo the highest visitation of any Canadian National Park. Most of BanffOCO's natural attractions are easily accessible from its scenic roads and highways. Popular sites around Banff townsite include the Cave and Basin National Historic Site, Upper Hot Springs Pool, Cascade Gardens, Tunnel Mountain Drive, Vermilion Lakes, Johnson Lake and Lake Minnewanka. The townsite imparts a cosmopolitan atmosphere with an expansive array of tourist services as well as cultural attractions such as the Whyte Museum, The Banff Park Museum and the Banff Centre. The Bow Valley Parkway, Lake Louise and the Icefields Parkway also present countless opportunities for sight seeing and wildlife viewing. Banff National Park maintains 1,500 kilometres (932 miles) of trails and 50 backcountry campgrounds. In winter, three downhill ski areas service the area. Connecting Jasper National Park and Lake Louise in Banff National Park, the Icefields Parkway (Highway 93) is considered to be one of the premier mountain drives in the world. The 230 km (143 mile) parkway follows the Continental Divide north-south as well as the Athabasca, Sunwapta, North Saskatchewan, Mistaya and Bow Valleys. Glaciers that remain from the ice ages dot the landscape, seven icefields within viewing distance of the parkway. The highlight of the drive for many is the Athabasca Glacier, the only road accessible glacier in the parks.a The author grew up in the Canadian Rockies and has been exploring them since she was a child. The Canadian Rockies are one of the world's most popular tourist destinations, with four million visitors annually. Easily accessible adventures include walking, hiking, mountain biking, fishing, boating, horseback riding, skiing and wildlife viewing -- with some of the most spectacular animals in North America. Where else can you spend the morning hiking through spectacular wilderness and by afternoon enjoy high tea in one of the grand hotels? The guide is filled with inside information on how to avoid the tourist traps and where to find the special places off the beaten path that the tourists don't know about; the most worthwhile outdoor adventures and indoor activities; the hotels and restaurants at all price

levels that are the very best; plus tips on places to avoid. Each chapter covers transportation to and around the park, where to stay and eat, attractions and shopping, plus adventures, from drives to day hikes, rafting to cycling. Competing guides focus on the standard tourist sites (where the crowds can ruin your experience), while we take you to the lesser-known spots (restaurants, lodges, hiking paths), which are often more rewarding. A review of the complete Canadian Rockies Adventure Guide from which this is drawn: Having been to the Canadian Rockies numerous times and thinking we had seen all the wonderful places before we discovered this book, we now must plan many more trips there to explore all the other incredible places described in detail in this Guide. With numerous beautiful color photographs, most of which are by the author, this guide is a treasure because the scenery of the Canadian Rockies is some of the most spectacular in the world. A unique feature of this guide book is that it includes hiking details for each of the areas described. Since we have hiked many of these areas, we know this is a necessary and valuable tool for planning hikes. With each section Koller has Hikes, Drives, Sights, and Activities, so for non-hikers it is just as valuable, also giving information for booking guided tours. -- Bonnie Neely (Amazon reviewer)"

A fascinating and accessible introduction to the principles of physical and historical geology. For the millions who visit them each year, U.S. national parklands offer a glittering spectacle of natural wonders. But beyond the spectacular scenery, these national treasures have a much bigger, more awe-inspiring tale to tell--a sprawling story of upheaval and transformation, involving forces and time-spans almost beyond imagining. The purpose of this book is to provide you with the knowledge you need to read and interpret that story, and to make visits to the parklands even more special. Requiring no prior familiarity with the geological sciences, this region-by-region exploration of the U.S. parklands teaches the principles of physical and historical geology by example. It begins with a general introduction to all important concepts, terms, and principles. In the chapters that follow, the authors take you on a tour through the geological regions of the United States. Beginning with Hawaii and the Pacific borderlands and moving progressively eastward to the Appalachian Mountains and the coastal plains of the East Coast, they provide you with a geologist's-eye view of the landforms, mountains, and bodies of water encountered in over 70 national parks and monuments, and tell the fascinating story of their evolution. Lavishly illustrated with nearly 300 stunning photographs and maps and featuring greatly expanded coverage of the geological story, history, and culture of U.S. parks and monuments, this new edition of Dr. David Harris's classic text is an ideal introduction to the principles of geology for students and nature enthusiasts alike. 77 trails for the entire family.

Entertaining prose and personal accounts tell the story of 200 years of Colorado climbing.

Tenacious activism of the Alpine Club of Canada leads to mountain recreation

and conservation.

With the horses picking up weight and strength all the way, we cantered into Banff on October 24th, 10 weeks after our departure from Lake Louise. Not one horse had been lost; not one had been permanently lamed, in the whole course of what was probably the roughest continuous pack-train journey made in the Rockies since the time of the pioneers. First published in 1925, *On the Roof of the Rockies* details the amazing efforts undertaken by Lewis Freeman and Byron Harmon to scientifically explore and comprehensively photograph during their 70-day, 500-mile journey the most stunning regions of the Canadian Rockies and Columbia Mountains. With a guide, a wrangler, a cook, 16 horses, two dogs, some carrier pigeons and hundreds of pounds of what was then state-of-the-art photography, moviemaking and radio equipment, the group journeyed through the area contemplating the routes of earlier explorers, facing violent storms and ultimately preserving historic views of pristine wilderness for future generations.

Life of the Trail is a fascinating new series which will guide today's hikers and armchair travellers through the stories of historic routes in the Canadian Rockies. When authors Emerson Sanford and Janice Sanford Beck began backpacking together nearly 20 years ago, they often wondered whose footsteps they were tracing and how today's trails through the Rockies came to be. In *Life of the Trail*, they share their findings with adventurers and history buffs alike. The series divides the Rockies between Mount Robson and the Kananaskis Lakes into eight regions based on geographical boundaries that influenced 19th century travellers. Within each region, the authors share the stories of those who recorded their travels along various routes between the time of the pioneers and the 1930s. Never before has such a thorough history been presented in this manner, enabling adventurers to follow the history of the Rockies one route at a time. For those tempted to follow in the footsteps of these historic adventurers, Emerson has hiked each and every trail in order to provide a detailed trail guide and interesting anecdotes from his own experiences. Each volume is rounded out with maps and colour photographs - both historical and contemporary - to further stimulate the imagination. *Life of the Trail 2: Historic Hikes in Northern Yoho National Park* follows the trails of fur traders La Gasse and Le Blanc, the Palliser Expedition, Tom Wilson, J.J. McArthur, Professor Jean Habel, Walter Wilcox, C.S. Thompson, David Thompson, Jimmy Simpson and Jack Brewster. Along the way, the reader will journey past pristine lakes and glaciers that have become legendary throughout the world, discovering the stories behind routes through the mountain towns of Lake Louise and Field; over Howse, Amiskwi, Bow and Burgess passes; and along Yoho, Emerald and Castleguard rivers.

A handbook to the peaks and valleys of Colorado, Wyoming, Montana, Idaho and Northern Utah, this guide contains advice on outdoor adventures including the regions trails, river runs and ski slopes. Reviews are given on what to pack and where to eat, drink and sleep in every area and price range. In-depth coverage of gateway cities Denver and Salt Lake City, and the grand geology of Glacier, Yellowstone and Rocky Mountain national parks is included.

American MORE! Six-Level Edition is a version of a course from a highly respected author team that's bursting with features for lower secondary students. Key language for each unit is introduced in a photostory and put to use through the 'Language Focus'.

There is thorough coverage of grammar via a dedicated section in each unit. The 'Learn MORE through English' pages introduce cross-curricular learning (CLIL) while the 'Learn MORE about Culture' sections explore English speaking countries. Students learn to 'Read MORE for pleasure' with the extra reading pages and the Audio CD/CD-ROM enables students to practice vocabulary, grammar, and skills. The Combo contains the Student's Book and Workbook material together, providing 50-60 class hours of material.

Containing more than 600 entries, this valuable resource presents all aspects of travel writing. There are entries on places and routes (Afghanistan, Black Sea, Egypt, Gobi Desert, Hawaii, Himalayas, Italy, Northwest Passage, Samarkand, Silk Route, Timbuktu), writers (Isabella Bird, Ibn Battuta, Bruce Chatwin, Gustave Flaubert, Mary Kingsley, Walter Raleigh, Wilfrid Thesiger), methods of transport and types of journey (balloon, camel, grand tour, hunting and big game expeditions, pilgrimage, space travel and exploration), genres (buccaneer narratives, guidebooks, New World chronicles, postcards), companies and societies (East India Company, Royal Geographical Society, Society of Dilettanti), and issues and themes (censorship, exile, orientalism, and tourism). For a full list of entries and contributors, a generous selection of sample entries, and more, visit the Literature of Travel and Exploration: An Encyclopedia website.

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